2023 Grantee Annual Meeting

Interview Season: Preparing for Resident Recruitment

Hyatt Regency Crystal City At Reagan National Airport Arlington, VA

A partnership between















MEDICINE



THE CECIL G. SHEPS CENTER FOR HEALTH SERVICES RESEARCH







Communication • Compassion • Integrity • Collaboration • Enjoyment







Daniel Elswick, MD, FACLP

Vice Chair for Edu. & Residency Director Dept. of Behavioral Medicine & Psychiatry WVU School of Medicine

Garth Brand, MD

Program Director Montana Family Medicine Residency

Ryan Spencer, MD, MS, FACOG

Residency Program Director, OBGYN University of Wisconsin School of Medicine & Public Health







Disclosures



RRPD-TAC is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under cooperative agreement #UK6RH32513.

THCPD-TAC is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under cooperative agreement #U3LHP45321-01-00.

The content are those of the presenters and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS, or the U.S. Government.







Outline (60 Min.)

Dr. Elswick 10 Minutes

- Introduction/Background
- Virtual Recruitment

Dr. Brand 10 Minutes

- Hybrid Recruitment
- SOAP

Dr. Spencer 10 Minutes

- Interview Do's & Don'ts
- Understanding Signaling
- Thalamus

Small Group Discussion 25 Minutes

- Potential Topics for Discussion:
 - Second Looks
 - Pipeline/Medical School Partnerships
 - Interview Selection Strategies
 - Open Houses
 - Webpages, Videos, Social Media
 - Application Review/Red Flags etc.
 - Rank Lists/Recruitment Committee
 - ERAS/NRMP/MATCH Questions
 - Post-Interview/MATCH

Wrap Up 5 Minutes







Regarding 2023-24 interviews, my program: (Show of Hands)

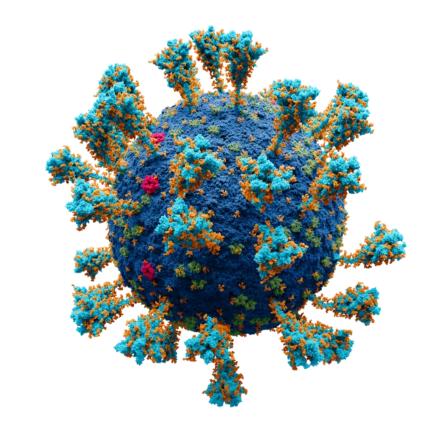


- 1. Is developing/not interviewing this year
- 2. Is brand new/first interview cycle this Fall
- 3. Has went through 1-2 recruitment cycles
- 4. Has extensive experiences with interviews either virtual, in-person or hybrid





Introduction/Background







TERMS: https://www.nrmp.org/intro-to-thematch/the-match-terms-and-topics/



AAMC

Association of American Medical Colleges. AAMC represents MD-granting medical schools medical education, licensure, and certification. It co-owns located in the U.S.

SOAP

Supplemental Offer and Acceptance Program®

During Match Week for the Main Residency Match, the process through which eligible unmatched applicants apply for and are offered positions by programs that did not fill when the matching algorithm was processed.

Examiners. NBME develops assessment tools used in

and administers the United States Medical Licensing

ERAS

Electronic Residency Application Service. **ERAS**, administered by the AAMC, is a centralized application service that transmits applications and supporting documentation to ERAS-participating residency and fellowship training programs selected by applicants. **ERAS** and NRMP are separate organizations with separate registration processes.

NBME





The National Board of Medical

Examination, or USMLE.

ERAS Videos for Programs 2023



https://vimeo.com/showcase/10354431?utm_source=sfmc&utm_medium=email&utm_campaign=eras&utm_content= Email%20to%20July%20fellowship%20and%20September%20residency%20programs%20regarding%20new%20PDWS% 20features.

RuralGME.org

THCGME.org

Interview Format	Reasons You Might Choose an Interview Format	Steps to Success
Virtual Only	 •Many applicants are out-of-state or require travel. •Commitment to reducing carbon footprint. •Flexibility in scheduling. 	 Offer virtual recruiting activities to all applicants. Develop technology standards and training for faculty conducting virtual interviews.
In-Person Only	 Most applicants are not out-of-state or do not require extended travel plans. Need to showcase less well-known or rural area. 	•Offer financial support to applicants who may need it for travel.

Adapted From: https://www.aamc.org/about-us/mission-areas/medical-education/interviews-gme-where-do-we-go-here







Interview Format	Reasons You Might Choose an Interview Format	Steps to Success
Hybrid (i.e., an applicant can select either in-person or virtual interviews)	 •Mix of local and out-of-state applicant pool. •Need to showcase less well-known or rural area. •Flexibility in scheduling. •Gives applicants and faculty choice. 	 Implement policies, procedures, and interviewer training to ensure standardization across formats and to mitigate risk of bias. Ensure admissions/selection committees are blinded to interview format. Inform applicants about steps taken to make the hybrid approach equitable. Offer virtual recruiting activities to all applicants.

Adapted From: https://www.aamc.org/about-us/mission-areas/medical-education/interviews-gme-where-do-we-go-here





Virtual Recruitment







AAMC Perspective:

The AAMC recommends that residency and fellowship programs use a virtual interview format. Reducing the cost of interviewing is a critical step in widening access and improving equity. In addition, initial, specialty-specific studies indicate that applicants prefer virtual interviews and virtual interviewing is consistent with the commitment academic medicine has made to reduce our environmental impact.

Adapted From: https://www.aamc.org/about-us/mission-areas/medical-education/interviews-gme-where-do-we-go-here







AADPRT (Psych PDs) Perspective:

- •Conduct virtual interviews for the 2023-2024 season.
- •Have a readily accessible, published policy on how and when invitations are offered and how long applicants have to respond to invitations.
- •The NRMP supports programs setting and publishing a single release date for interviews or a "small number of dates" on which they release interview invitations.
- •Virtual open houses should not be offered once Training Directors have access to applications on ERAS.
- Should not offer more invitations than available interview slots.

From: https://www.aadprt.org/application/files/6516/8563/3116/AADPRT_Recruitment_Recommendations_6-1-23.pdf







AADPRT (Psych PDs) Perspective cont.

- •Should give invitees a reasonable amount of time (but at least 2 business days) to respond before offering the interview slot to someone else.
- Applicants should not be pressured or coerced into attending "second look" events.
- •"Second look" events should be structured so that they do not impact the program's ranking of an applicant.
- •"Second look" events should be conducted in a way that does not violate NRMP postinterview communication restrictions.
- Swag should not be distributed.







Virtual Recruiting: PEARLS

- 1. Your Webpage/Social Media is your "Front Door"
- 2. Audition Rotations, Sub-Internships are Important!
- 3. Pipeline- What Medical Schools are CLOSE BY etc.?
- 4. Organize Your Day/Faculty/Interviewers etc.
- Interviewing MORE is better than LESS
- 6. Prevent IT Issues BEFORE they happen
- 7. Rural Programs- What is Unique?



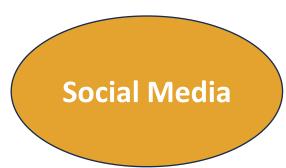






https://riverstonehealth.org/ residencies/about-mfmr/

MOUNTAINEERS GO FIRST.







YouTube: https://youtu.be/i0gRQrFH9Yo



Instagram: @wvupsychresidency



Email: sbienekcate@hsc.wvu.edu







WVURockefeller NeuroscienceInstitute.

Psychiatry Residency Recruitment Fair

Join our residents as we discuss and answer questions about our program in Morgantown, WV

JULY 25 3:55-6:0

Register:

Open Houses







Academic Medical Center Competitive Salary 8 General / 2 Rural per Year **CAP Fellowship** Forensic Fellowship **Addiction Psych Fellowship Addiction Med Fellowship**

https://us06web.zoom.us/meeting/register/tZclduirqTliHNYsKXzxU-Dl54a_J1ofEH65#/registration



American Association of Directors of Psychiatric Residency Training
More Information: AADPRT.org



Instagram: @wvupsychresidency







Interview Day- Structure Example

"Zoom Interviews"

Time	Applicant A	Applicant B	Applicant C	Applicant D	Applicant E	
Noon						
12:30	Residents/Virtual Tour	Residents/Virtual Tour	Residents/Virtual Tour	Residents/Virtual Tour	Residents/Virtual Tour	
	https://wvumdtv.zoom.us	https://wvumdtv.zoom.us	https://wvumdtv.zoom.u	https://wvumdtv.zoom.us/j	https://wvumdtv.zoom.us	
	/i/3597113197	/i/3597113197	s/i/3597113197	/3597113197	/3597113197	
1:00	Dr. *** (Faculty) https://wvumdtv.zoom.us /i/4426396748	Dr. *** (Chief Resident) https://wvumdtv.zoom.us /i/2970087537	Dr. *** (Resident) https://wvumdtv.zoom.u s/j/9010343270	Sophia Bienek-Cate/Break (Program Manager) https://wvumdtv.zoom.us/j /4312827748	Dr. Bridget Skidmore (Assoc. Program Director) https://wvumdtv.zoom.us /8055936044	
1:30	Dr. Daniel Elswick	Dr. ***	Dr. ***	Dr. Z	Sophia Bienek-Cate/Break	
	(Program Director)	(Faculty)	(Chief Resident)	(Resident)	(Program Manager)	
	https://wvumdtv.zoom.us	https://wvumdtv.zoom.us	https://wvumdtv.zoom.u	https://wvumdtv.zoom.us/j	https://wvumdtv.zoom.us,	
	/i/5499056398	/i/4426396748	s/i/2970087537	/9010343270	/4312827748	
2:00	Dr. Bridget Skidmore	Dr. Daniel Elswick	Dr. ***	Dr. ***	Dr. ***	
	(Assoc. Program Director)	(Program Director)	(Faculty)	(Chief Resident)	(Resident)	
	https://wvumdtv.zoom.us	https://wvumdtv.zoom.us	https://wvumdtv.zoom.u	https://wvumdtv.zoom.us/i	https://wvumdtv.zoom.us,	
	/j/8055936044	/j/5499056398	s/j/4426396748	/2970087537	/9010343270	
2:30	Sophia Bienek-Cate/Break	Dr. Bridget Skidmore	Dr. Daniel Elswick	Dr. ***	Dr. ***	
	(Program Manager)	(Assoc. Program Director)	(Program Director)	(Faculty)	(Chief Resident)	
	https://wvumdtv.zoom.us	https://wvumdtv.zoom.us	https://wvumdtv.zoom.u	https://wvumdtv.zoom.us/i	https://wvumdtv.zoom.us	
	/i/4312827748	/i/8055936044	s/i/5499056398	/4426396748	/2970087537	
3:00	Dr. ***	Sophia Bienek-Cate/Break	Dr. Bridget Skidmore	Dr. Daniel Elswick	Dr. ***	
	(Resident)	(Program Manager)	(Assoc. Program Director)	(Program Director)	(Faculty)	
	https://wvumdtv.zoom.us	https://wvumdtv.zoom.us	https://wwwmdtv.zoom.u	https://wvumdtv.zoom.us/i	https://wvumdtv.zoom.us	
	/j/9010343270	/j/4312827748	s/i/8055936044	/5499056398	/4426396748	
3:30	Dr. *** (Chief Resident) https://wvumdtv.zoom.us /i/2970087537	Dr. *** (Resident) https://wvumdtv.zoom.us /j/9010343270	Sophia Bienek- Cate/Break (Program Manager) https://wvumdtv.zoom.u s/i/4312827748	Dr. Bridget Skidmore (Assoc. Program Director) https://wvumdtv.zoom.us/i /8055936044	Dr. Daniel Elswick (Program Director) https://wvumdtv.zoom.us /5499056398	
4:00						









"Tour"

Our Program: The Basics

- ACGME Accredited Complement 40
- Residents per Class General: 8/ Rural: 2
- All major rotations at Main Teaching Hospital Campus
- Protected teaching/didactic time (Wed. PM, Fri. Noon)
- CBT, Psychodynamic, IPT and other therapy training
- Night Float System
- Moonlighting





What is changing in our program?









What do residents think?



From: Internal Medicine Resident Perspectives on Virtual Recruitment. JAMA Intern Med. 2023;183(6):619-621. doi:10.1001/jamainternmed.2023.0281

Table 2. Resident Preferences for Future Recruitment Seasons^a

	Residents, No. (%)								
		PGY level		Medical school type		Sex			
Survey response option	All (n = 22 310)	PGY-1 (n = 7593)	PGY-2 (n = 7738) ^b	PGY-3 (n = 6979) ^b	USMG (n = 14776)	IMG (n = 7534)	Male (n = 12 336)	Female (n = 9941)	Other (n = 32) ^c
Recruitment should be only in person (if safe due to COVID-19)	7372 (33)	1752 (23)	3135 (41)	2485 (36)	5098 (35)	2274 (30) ^d	4198 (34)	3166 (32) ^e	8 (25)
Virtual option should be offered even if in-person is the norm again	5790 (26)	2116 (28)	1945 (25)	1729 (25)	3674 (25)	2116 (28) ^d	3117 (25)	2662 (27) ^f	10 (31)
Recruitment should remain virtual with option for subsequent on-site visit	4456 (20)	2320 (31)	989 (13)	1147 (16)	3104 (21)	1352 (18) ^d	2295 (19)	2154 (22) ^e	7 (22)
Recruitment should be only virtual	592 (3)	291 (4)	128 (2)	173 (2)	376 (3)	216 (3)	379 (3)	211 (2) ^f	2 (6)
Unsure	4100 (18)	1114 (15)	1541 (20)	1445 (21)	2524 (17)	1576 (21) ^d	2347 (19)	1748 (18) ^e	5 (16)

Abbreviations: IMG, international medical graduate; PGY, postgraduate year; USMG, US medical school graduate.







^a Residents were asked "For future residency recruitment seasons, which of the following best reflects your opinion?" Analysis included residents from US residency programs, including in Puerto Rico, who allowed their responses to be analyzed.

^b P < .001 for comparisons with PGY-1 residents.

^c Other was a checkbox option for sex, along with *Male* and *Female* options. No descriptors were provided. One resident did not indicate sex.

 $^{^{\}rm d}P$ < .001 for comparison between USMGs and IMGs.

^e P < .001 for comparison between females and males.

 $^{^{}f}$ P = .01 for comparison between females and males.

Hybrid Recruitment







MFMR and the Match since 2020

- Small City in Montana that is rural / frontier facing
- One of the 11 original THC's
- We have grown from 6-6-6, to 8-8-8 and now 9-9-9 over the last 12 years.
- Average # of applications has decreased from 1200 to 800 per year over the past decade
- Around ¼ of applications are from IMGs > 5 years out from graduation or require a visa.
- Equal numbers of MD and DO applicants
- Experienced our "Best" and "Worst" match cycles in back to back years







Virtual vs. Hybrid

- COVID created a new rule book and still figuring out what it means.
- Virtual interviews worked well for our program, but created challenges for applicants
 - Did not get to see or understand our program / culture
 - Disadvantaged introverted personality types
 - Bias against our town / state / region
- In person
 - Students very appreciative for option,
 - Better opportunity to demonstrate our culture
 - Increased cost for student and program
 - High no show rate later in the season







AAMC 2022-2023

 The Association of American Medical Colleges (AAMC) recommended that all interviews remain virtual, noting that they "improve equity by eliminating a substantial portion of the cost of application and by opening opportunities for applicants who may have otherwise declined an interview invitation due to financial constraints."



AACOM 2022-2023



• Students should have choice between in-person or virtual. The only way to ensure all medical students have a fair and equitable opportunity to match is to let the students decide how best to present themselves as they interview for positions they will have for the next three to seven years. This choice is especially important for minoritized communities in medicine, which include the 25% of all medical students with a degree in osteopathic medicine (DOs) as well as students underrepresented in medicine (UIMs) with a DO or MD medical degree.





Ideas going forward



- Flexibility is key
- NRMP data showed FM programs needed to interview between 14-16 candidates per slot
- Need structured process to evaluate applicants based on your mission / goals to avoid only interviewing high quality candidates that are unlikely to come to your program
- Application and interview process is all highly biased, consider approaching this like a PDSA cycle for improvement.









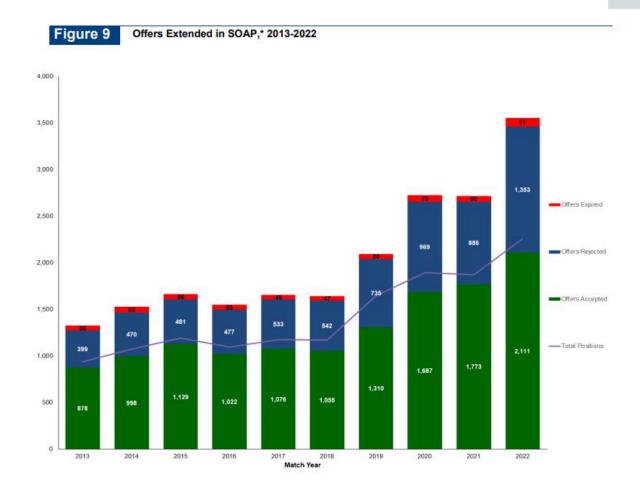






SOAP rates increasing across the country

- Changes
 - More programs are going into the **SOAP**
 - More applicants are matching this way
 - Programs and students have longer ROL but match rate is decreasing
 - 18% increase in unfilled spots from 22'-23'









Programs in the SOAP

Offered	Unfilled
3011	555
5100	589
11911	545
	91
	585
	217
	3011







Don't fear the SOAP



- The vast majority of residents matched via the SOAP are well prepared for training, contribute to their programs, and perform as well as other residents. Rural programs are more likely to place residents via SOAP than nonrural programs¹.
- Always have a plan for the SOAP so you are not caught unaware.
 - Know the calendar well (prep webinar is very helpful)



SOAP week

- Monday Fill status, SOAP applicants have 24 hours to prep application. Prep time for the week
- Tuesday- application review and interviews
- Wednesday- application review and interviews
- Thursday- SOAP 4 rounds, can extend only as many offers as you have spaces.
- Friday- Match day





Interviewing Do's and Don'ts







DO NOT -> REINVENT THE WHEEL



AAMC Best Practices for Conducting Residency Interviews





Interviewing Do's and Don'ts

Conducting Interviews

Do:

- Ask job-related questions.
- Use positive body language such as smiling and nodding occasionally.
- Refocus the applicant if he or she goes off track, by making a brief comment about the applicant's remarks (such as, "OK") and then firmly move back to the original question.
- Spend more time listening than talking.

Don't:

- Use negative body language such as raising an eyebrow, frowning, or using a harsh tone of voice.
- Give feedback to the applicant about his or her performance during the interview (such as, "Good" or "Great").
- Ask judgmental, why, leading, or yes/no questions.









Interviewing Do's and Don'ts

Evaluating Interviews

Do:

- Stay objective—focus on facts, not opinions.
- Focus on the applicant's responses to interview questions.
- Focus on one question or dimension at a time.
- Focus on comparing applicants' responses with scale anchors (if your program uses a rating scale).

Don't:

- "Fill in" parts of the answer based on your own interpretations of the applicant's response.
- Judge an applicant based on anything outside the scoring rubric (for example, personal appearance or your "chemistry").
- Compare responses of one applicant with those of other applicants during the interview.









Understanding Signaling







Signaling

AAMC Signaling Data

Executive Summary



In all participating specialties, sending a program signal increases applicants' interview invitation rates.

When considering geographic preferences and program signals together: the **highest** interview invitation rate(s) occurred when an applicant signaled the program AND their **geographic preference aligned** with the program's location.



Having an aligned geographic preference has a greater impact on interview invitation rates compared to having no preference or a misaligned preference.

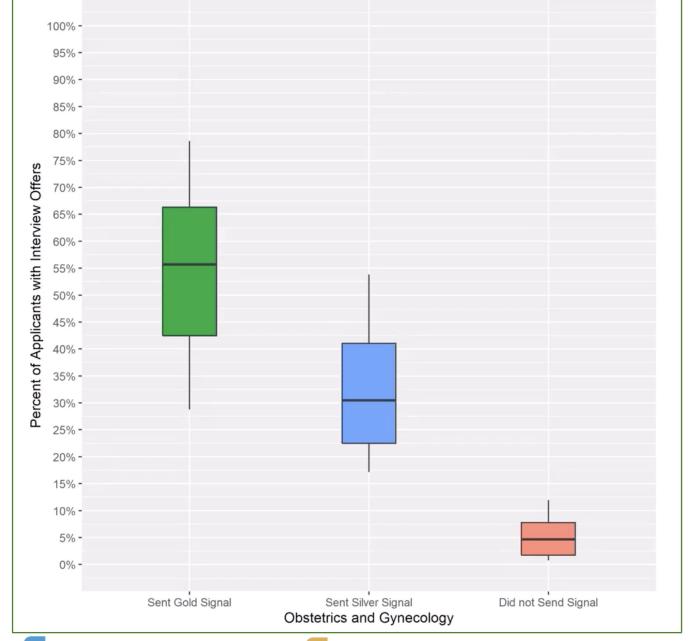
When considering geographic preferences alone, the **highest rate of interview invitation** occurred when an applicant's geographic preference aligned with the program's location.







Signaling











Thalamus Interview Platform







Thalamus

AAMC Partnership → offering free services for all programs in 2023

Significant time & effort reduction for Program Coordinator

- Integration of:
 - Scheduling, scoring, and repository for ERAS application

- FAQs available
 - AAMC Thalamus FAQs







Thalamus

Program Leadership

1. Program Director



Ryan Spencer, MD

2. Department Chair



Ellen Hartenbach, MD, PhD

3. Program Coordinator(s)



Dylan Kittell

About Program

Gynecologic Oncology Fellowship Program

The fellowship in gynecologic oncology is supported by the University of Wisconsin Hospital and Clinics and the University of Wisconsin Paul P. Carbone Comprehensive Cancer Center, and is accredited by the American Board of Obstetrics and Gynecology (ABOG) and American Council for Graduate Medical Education (ACGME).

Program Overview

The overarching aim is to produce outstanding clinician-scientists to act as leaders, healers, consultants and researchers in the field of gynecologic oncology. This three year program begins with the research component followed by two clinical years. The educational curriculum will be organized and comprehensive, structured in accordance with the guidelines listed in the *Guide to Learning in Gynecologic Oncology* published by the American Board of Obstetrics and Gynecology.

UW-Madison GynOnc Virtual Tour

Program Care

The program will stress the complete care of women with gynecologic malignancies. Through the expertise of both gynecologic oncologists and other expert faculty, fellows will

Program Year Salaries

Pgy5 Salary: \$75,976

Pgy6 Salary: \$79,452

Pgy7 Salary: \$82,420

and patient population. They will experience graduated responsibility towards independent ty, safe, and evidence-based chemotherapy administration will be emphasized. A collegial and ent and outpatient settings.

Contact & Locations

Home Airport: Dane Co Rgnl Truax Fld (MSN)

Time Zone: (UTC-06:00) Central Time (US & Canada)

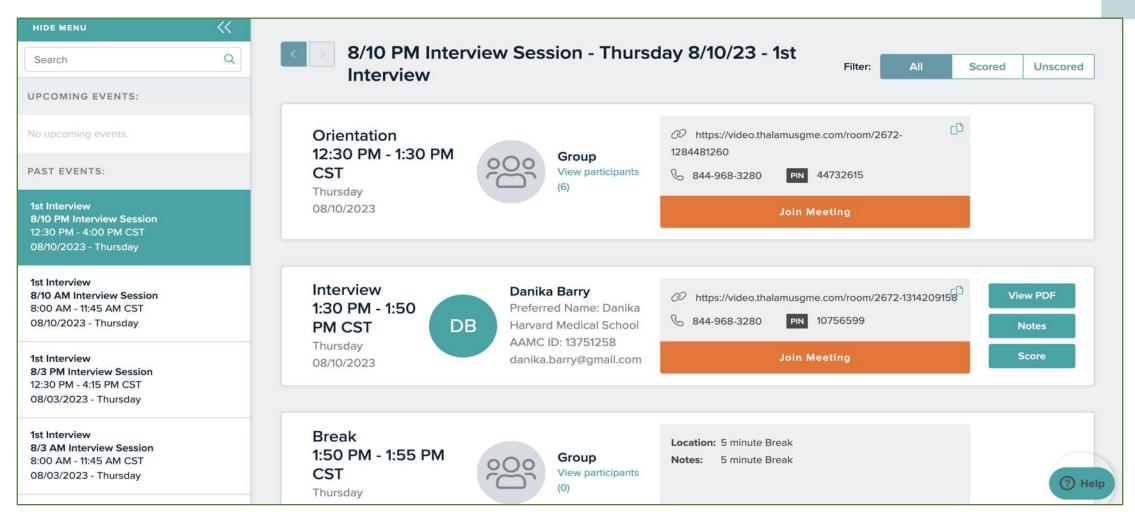
Address Line 1: UW Hospital and Clinics Room H4-646

Website: https://www.obgyn.wisc.edu/fellowship/gyn-onc

Address Line 2: 600 Highland Ave Phone: 608-417-7427

1E.org

Thalamus







25 Minutes- Small Groups

- 1. "Beginner"
- 2. "Intermediate"
- 3. "Old School"







Rural Residency Planning and Development and Teaching Health Center Planning and Development Technical Assistance Centers























